Sikram Logo **BIKRAM YOGA KATY** 6734 Westheimer Lakes N Blvd Suite 109 **NEW STUDENT REGISTRATION** Katy, TX 77494 PLEASE PRINT 832-222-YOGA (9642) NAME KATY, TEXAS www.BikramYogaKatyTX.com **EMAIL PHONE** DATE OF BIRTH STREET CITY, STATE, ZIP HOW DID YOU HEAR ABOUT US? LIST ANY INJURIES OR ILLNESSES OTHER CONTACT NAME & PHONE Please read and agree to the following by signing below: 1. I have been examined by a licensed physician within the past six months and I have been found by such physician to be in good physical health and fully able to perform all Yoga exercises which I am to learn and perform during my enrollment with you. 2. I will faithfully follow all instructions given by you and your instructors as to when, where, and how to perform and not to perform Yoga exercises, it being understood that any deviation by me from such instructions shall be at my own risk 3. I will not hold you, your partners, instructors or employees responsible for any injuries suffered by me caused whole or in part by my failure to faithfully follow instructions of you or your instructors or by any physical impairment of mine not fully disclosed to you in writing. 4. I understand and acknowledge that I am to receive instructions in Yoga theory and exercises only, and I will not hold you your partners, instructors or employees to any higher standard of care than that applicable to school of Yoga theory and exercises. 5. The tuition and registration fees are non-refundable, non-transferrable. Expiration dates cannot be extended. Prices and specials are subject to change without notice. 6. I understand that Bikram Yoga Katy is not responsible for any lost or stolen items. SIGNATURE DATE PARENT SIGNATURE (if under 18) DATE **NEW STUDENT CHECKLIST** Notify the teachers of any medical issues or injuries that we should be aware of The studio will open 30 minutes before the class and close 30 minutes after the class. Be on time! There is no late admittance and no early dismissal All students must sign-in at the front desk every visit. Center your mat over the lines, place large towel over your mat, and water next to your mat. There is no TALKING in the yoga room. Please maintain SILENCE before, during and after the class. No cell phones, shoes, socks, watches, keys, purses, gum, food in the yoga room Water is the only beverage allowed in the room Deodorant is great, strong perfumes and lotions are not No glass bottles in the entire studio Take your 2nd class within 24 hours

Have FUN!